



Saturday, November 9, 2024

**Holly-Gray Park Flatwoods,
WV**

**SCHEDULE & AGE
DIVISIONS:**

Age Division	Distance	Time
Ages 8 & under (2016 +) **must be age 7 before 12/31/24 to qualify for JO Championships	2 km (1.24 miles)	Girls & Boys: 10:45 AM
Ages 9 – 10 (2014 - 15)	3 km (1.86 miles)	Girls & Boys: 11:15 AM
Ages 11 - 12 (2012 - 13)	3 km (1.86 miles)	Girls & Boys: 11:15 AM
Ages 13 - 14 (2010 - 11)	4 km (2.48 miles)	Girls & Boys: 11:45 AM
Ages 15 - 18 (2006 - 09)	5 km (3.10 miles)	Girls & Boys: 12:15 PM
Masters Men & Women	5 km (3.10 miles)	Men & Women: 1:00 PM
Open Men & Women	5 km (3.10 miles)	Men & Women: 1:00 PM

ELIGIBILITY REQUIREMENTS:

Individuals: Current USATF membership is required to compete. Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license, or U.S. government identification) is required and must be completed online at <https://www.usatf.org> . **Even though 8 & under can run the USATF WV Association Meet, only 7 yr. olds and up can run JO Championships. (Rule 300 1(c)) Must be 7 before 12/31/24.**

Teams: Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team a club must submit the Team Entry/Advancement & Declaration Roster form. Only athletes listed on the team declaration roster form will be eligible to represent the club at the Association, Regional or National championships. At each level of the Junior Olympic program the club must declare at least 5 athletes but not more than 8 as declared scoring team members (specific instructions are on the Team Entry/Advancement & Declaration Roster form).

TEAM SCORING: 5 athletes on the team entry/declaration form may be declared as scoring athletes. The top 5 finishers among the declared runners will score.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during the competition chest-high on the front of their jerseys. Bib numbers will be distributed to athletes the morning of the race.

EVENT RESULTS: During competition, event results will be available in the Meet Management Area. In addition, event results posted at www.athletic.net

AWARDS: Medals will be awarded to the top three individuals in each age division.

ADVANCEMENTS: Top **15** individuals and top **2** teams in each age group will advance to the USATF National Junior Olympic Championships, December 14th at Blue River Course Country Course, Shelbyville, IN 46176.

ENTRY FEES & DEADLINES:

On-Line Registration: via www.athletic.net Must be received by **Nov. 6, 2024**

Individual Entries: \$10.00 per athlete.

Team Entries. \$10.00 per athlete

Entries: Closes at **11:00 PM. November 6, 2024**

PAYMENTS: On-line Credit Card



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