Region IV AA and AAA Cross-Country Championship Meet Information

Date: Thursday, October 24th, 2024

<u>Teams</u>:

AA – Buffalo, Chapmanville, Herbert Hoover, Lincoln County, Poca, Point Pleasant, Ripley,

Scott, Sissonville, Wayne

AAA – Cabell Midland, Huntington, Hurricane, Nitro, Parkersburg, Parkersburg South, Spring

Valley, Winfield

Location: Huntington YMCA Kennedy Center.

5800 Ohio River Rd, Huntington, WV 25702

Schedule:

11:30 am Tour the Course

12:30 pm AAA Girls 1:15pm AAA Boys

2:00 pm AAA Awards

2:30 pm AA Girls 3:15 pm AA Boys

4:00pm AA Awards

Entries:

- Entry deadline Friday, October 18th, 2024
- Entries must be completed on athletic.net
- You may enter up to 10 entries for each race. Only 7 of the 10 may run in the race.
- · All entries must include the grade level/class.
- Make sure your all athletes are on your eligibility certificate and are spelled correctly.

Team Tents: Team camps can be set up in the grassy field behind the pool area that is adjacent to the start field

Airport Property: No one is allowed to cross or be on the runway at any point (before, during, or after the race). You must walk all the way around.

If you have any questions, please contact:

AA: Jeanette Rutherford, 304-633-6562, herdfan1@msn.com

AAA: Justin Cox, 304-412-0507, jtcox@k12.wv.us

State Meet Qualification Procedure and Regional Cross Country Meets

New Qualifying procedures for the State meet are:

There are 3 ways to qualify for the State Meet.

- 1. On a team: Top 3 scoring teams qualify for the State meet. If only 2 teams score, only 2 teams qualify. If only 1 team scores, only 1 team will qualify. If no team scores, no team qualifies.
- 2. The Top 5 individual finishers not attached to a qualifying team will also qualify for the State Meet.
- 3. The top 10 finishers in a Regional meet automatically qualify for states. (This could possibly allow more than 5 individuals runners qualifying for states).

Remember that you may declare/enter up to 10 runners in the regional race. Only 7 can start the race. Those three alternates will transfer into the State Meet if the team qualifies by placing in the top 3 teams.