

Date: Thursday, October 24th 2024

Location: Clovis Trails, Hampshire High School 157 Trojan Way, Romney WV

Schedule:

11:30 - Campus opens for teams to arrive

12:00pm - Course opens for touring

1:30pm - Coaches Meeting

1:45 pm - Boys Race

2:30 pm - Girls Race

The meet will be chip timed by 5Runners Racing

Awards: Individual Awards Top 10 Girls & Top 10 Boys.

WVSSAC Plaque awarded to 1<sup>st</sup> Place Team in Girls and Boys Division.

Qualifying:

Teams: The top three teams from the region will qualify for the state meet.

Individuals: Each region will qualify five (5) individuals exclusive of the qualifying teams with a minimum of ten (10) individuals qualifying from each region.

Entries: All entries and team rosters must be completed on athletic.net Entry Deadline is Monday October 21st, 2024 not later than 5:00pm. Coaches may enter a maximum of 10 athletes for the regional meet. However, a maximum of 7 athletes may run in the race. All athletes entered on your roster MUST be on your eligibility certificate. All entries must include grade level/ class for each athlete.

Teams in this region include **Berkeley Springs, Frankfort, Hampshire, Keyser, Lewis County, Liberty Harrison, Lincoln, Phillip Barbour, Roane County, Robert C Byrd and South Harrison** 

Admission: Adults \$7 Students \$5

Concession: Concession will not be available on-site.

Bus Parking: After dropping athletes and team tents off behind the press box, continue forward to gravel road and to the baseball field for parking.

T-shirts will be sold via order. Coaches will receive the order form and copy of t-shirts via email.

Questions: Please contact Trey Stewart, by email: <u>trey.stewart@k12.wv.us</u> or phone (304) 822-0244 or Coach Bill Lipps by email: <u>hampshiretrojancc@gmail.com</u> or phone 304-359-3113