



# Lincoln County Schools

Lincoln County High School invites your school to the 2024 **Lincoln County Invitational!**

**Location:** Lincoln County High School  
81 Panther Way  
Hamlin, WV 25523

**Date:** Wednesday, September 25, 2024

<b>Schedule</b>	3:30pm – 4:30pm	Course Touring
	4:30pm	Middle School Girls (3K)
	5:00pm	Middle School Boys (3K)
	5:30pm	High School Girls (5K)
	6:15pm	High School Boys (5K)
	7:00pm	Team Awards

**Awards:** Team Awards: 1<sup>st</sup> and 2<sup>nd</sup> place in each race  
  
Individual Awards: Top 15 runners in each race will receive a metal. To be handed out at the finish line.

**Roster:** Unlimited entries per team, Top 7 will count as your team and top 5 will be used for team score.

**Course:** The course is located on the grounds of Lincoln County High School. Courses consist of mostly grass trails, some areas with rock, one large hill.

**Entry Fees:** High School – \$60 per team (\$100 for both boys and girls team)  
Middle School - \$60 per team (\$100 for both boys and girls)  
\$15 per runner for schools without full teams.

**Payment:** Please make checks payable to Lincoln County High School Atten: Cross Country

**To Enter:** Please enter thru [athletic.net](https://athletic.net)

**Deadline:** Entries and teams must be received by Sept. 18<sup>th</sup>

**Questions:** Please contact High School Coach John Sanders at 304-989-4087 or email [sanders162003@yahoo.com](mailto:sanders162003@yahoo.com)

There is plenty of parking available. The spectator fee is \$6 per person.