



Region II AA

Cross-Country 2023 Championship Information

Dear Cross-Country Coach,

Elkins High School will host the 2023 Class AA Region II Cross-Country Championships at the Davis & Elkins College Athletic Complex. Please read below for pertinent information about this qualifier for the West Virginia AA State Cross-Country Meet.

Date: Thursday, October 19th

Schedule: 11:00 a.m. Course Open for Preview
Noon Coaches Meeting
1:00 p.m. Girls Class AA Race
1:45 p.m. Boys Class AA Race

Teams: Braxton County, Elkins, Lewis County, Liberty-Harrison, Lincoln, Roane, Robert C. Byrd

Awards: Medals for top 10 individuals in each race.
WVSSAC Plaque for girls and boys team champions.

Qualifying: *Teams-*

- *If five or less teams* enter and begin the Region II AA race, then the top two teams qualify for the State Meet.*
- *If six or seven teams* enter and begin the Region II AA race, then the top three teams qualify for the State Meet.*

** Five team members must start the race to qualify as a team entry, but a team does not have to finish five team members to be counted as a team.*

Individuals-

- The top 10 individual competitors from the Region II AA race will qualify for the State Meet (**inclusive** of those individuals that qualify as a team).

Entries: Each school is permitted to **enter up to 10** runners for each race but can **only race seven** in the meet. Please try to get at least five runners on the line so that we can qualify as many teams from our Region as possible. Entries must be submitted using www.RaceTimeEntry.com. We will pull entries on **Tuesday, October 17th at 11 p.m.** Please make sure that the names of the athletes that you enter are on your eligibility certificate and that they are spelled correctly.

Other: Inform your spectators of the \$6 entry fee. Long-sleeve hooded t-shirts will be for sale on site for \$27. Meet entry lists and results will be posted on www.ncwvtf.com.

Parking: Buses will need to unload teams at Davis & Elkins College athletic fields entrance and park off campus. Parking on Sycamore St., which is the street that leads to D&E's main entrance, works well for this arrangement.

Contact: Scott Biola jsbiola@gmail.com

DAVIS & ELKINS COLLEGE HIGH SCHOOL XC COURSE



—————> MILE ONE
- - - - -> MILE TWO
.....> MILE THREE

