



# FOREST FESTIVAL

## 2023 CROSS-COUNTRY INVITATIONAL

Dear Cross-Country Coach,

Elkins High School and Elkins Middle School will host the 2023 Forest Festival Invitational at the Davis & Elkins College Athletic Complex. Please find pertinent information below.

**Date:** Saturday, September 16, 2023

**Schedule:**

7:30 a.m.	Course Opens for HS Preview
8:30 a.m.	HS Coaches Meeting
9:00 a.m.	Varsity/JV HS Girls Race
9:45 a.m.	Varsity/JV HS Boys Race
10:30 a.m.	HS Awards Ceremony
11:15 a.m.	Course Opens for MS Preview
Noon	MS Coaches Meeting
1:00 p.m.	Varsity/JV MS Girls Race
1:30 p.m.	Varsity/JV MS Boys Race
To Follow	MS Awards Ceremony

**Awards:** Plaques for the first and second place HS and MS girls and boys teams. Medals for top 10 individuals in each race.

**Fees:** The meet entry fee is **\$60** for schools entering only a boys or girls team and **\$100** for schools with coed entries. Fees can be paid on the day of the meet or mailed to the address below. Checks should be made payable to “**Elkins HS Athletics**” for HS teams or “**Elkins MS Athletics**” for MS teams.

**Elkins High School**  
**Attn: Scott Biola**  
**100 Kennedy Dr.**  
**Elkins, WV 26241**

**Parking:** Buses should drop athletes off at the D&E athletic fields and park at the U.S. Forest Service Building (200 Sycamore St., Elkins). We ask that middle school parents not arrive on site prior to 11:15 a.m. due to parking limitations.

**Course:** There have been revisions to the course this year due to construction at D&E. Course maps for the HS and MS races can be found below. The HS race is 5 kilometers and the MS race is just short of 2 miles.

**T-Shirts:** T-shirts will be available for presale at a discount or may be purchased on race day.

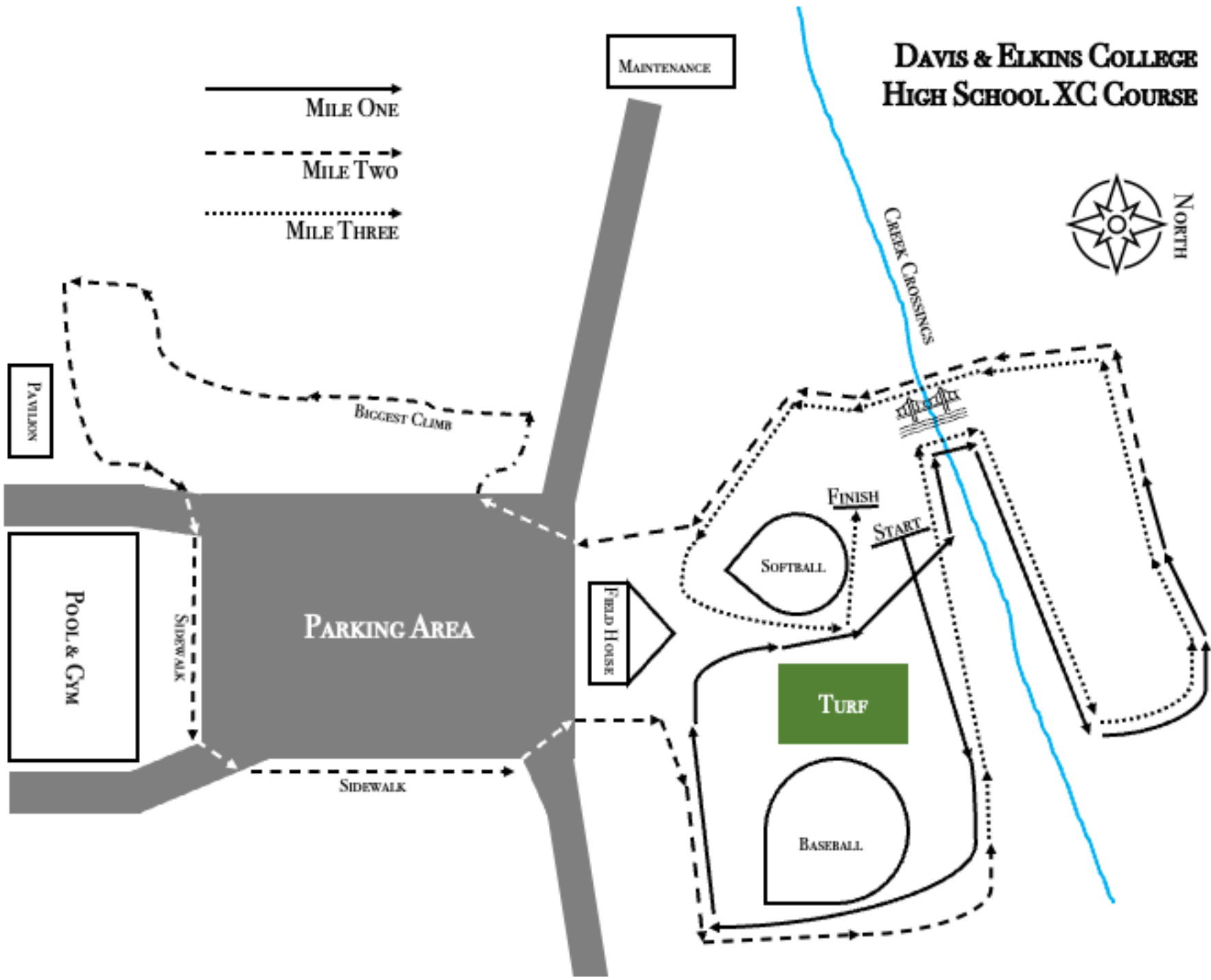
**Entries:** Scott Biola will provide participating coaches with information about submitting entries online. Team rosters are due by Sunday, September 10.

**Contact:** Scott Biola (304)582-0586  
[jsbiola@gmail.com](mailto:jsbiola@gmail.com)

# DAVIS & ELKINS COLLEGE HIGH SCHOOL XC COURSE



- MILE ONE (solid line with arrow)
- MILE TWO (dashed line with arrow)
- MILE THREE (dotted line with arrow)

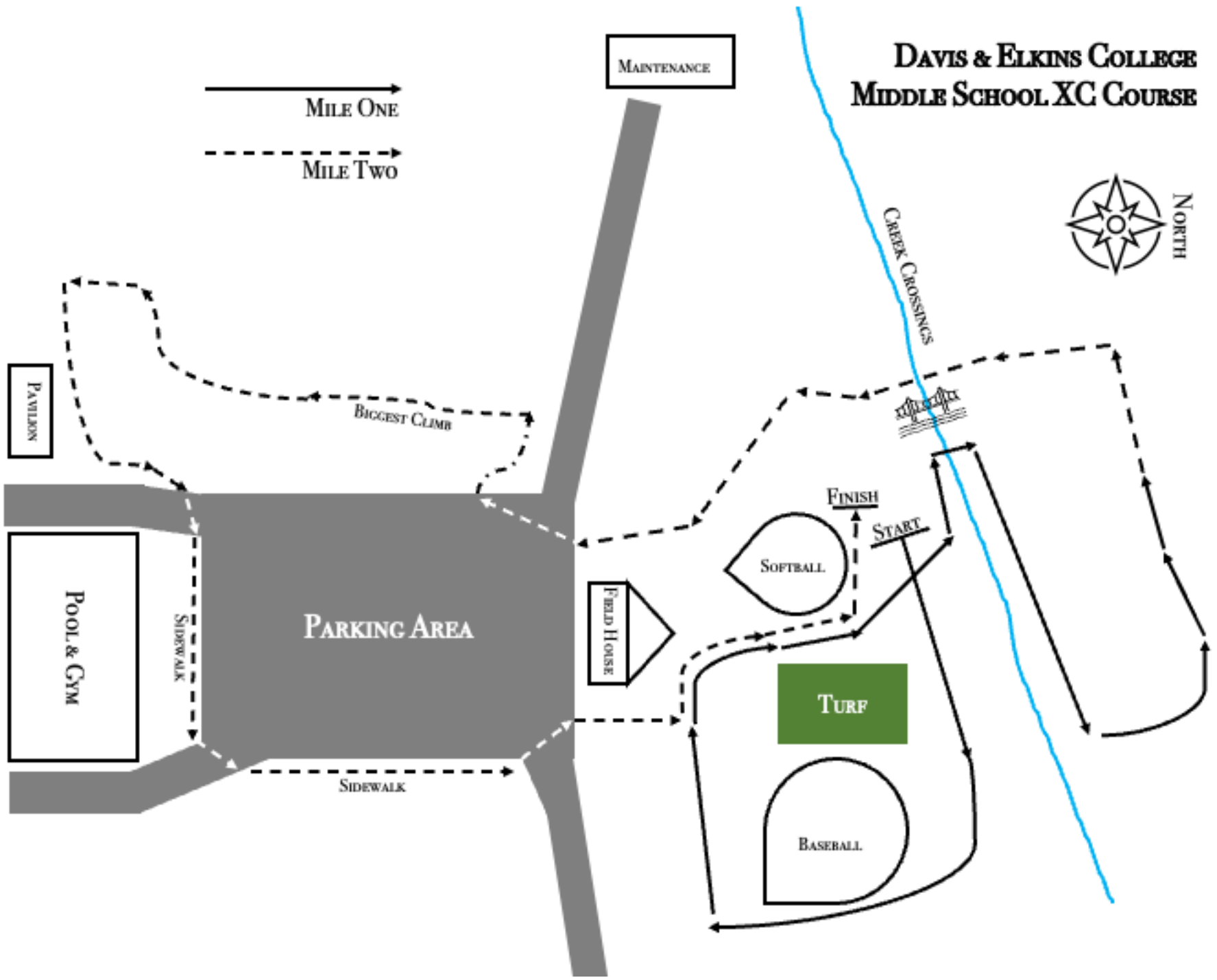


# DAVIS & ELKINS COLLEGE MIDDLE SCHOOL XC COURSE



MILE ONE

MILE TWO



PAVILION

POOL & GYM

SIDEWALK

PARKING AREA

SIDEWALK

FIELD HOUSE

MAINTENANCE

BIGGEST CLIMB

CREEK CROSSINGS

FINISH

START

SOFTBALL

TURF

BASEBALL