

CFA- Concord University XC Festival

Pipestem State Park



September 15th 2023



College Women 3:00 6k

College Men 4:00 8k

HS Girls 4:45 5k

HS Boys 5:15 5k

MS Girls 5:45 3k

MS Boys 6:15 3k

Entries:

Racetimeentry.com

Payment:

Make Checks Payable to
Concord University Foundation

Memo: Cross Country

Mail To:

PO Box 1000

Campus Box D154

Athens WV 24712

Colleges -\$75 Per Gender

High School -\$50 Per Gender

Middle School - \$40 Per Gender

**Awards: Medal to Top 8 in each
Division, and Trophy to top 2
Teams!**

QUESTIONS?

Coach Cox

cox@concord.edu

304-384-6238

Coach Barbera

wbarbera@concord.edu

304-384-6347

Course Description: TM The course is deceptively harder than it looks, mainly rolling hills, with long gradual grades you don't really think are up hill until you run them. There is one bigger hill on the course, but it's only about 200 meters long. 97% grass, 2% dirt, 1% Road.