

2023 KANAWHA COUNTY MS XC CHAMPIONSHIPS

Date: Tuesday, October 10th, 2023

Location: Meadowbrook Park – Tornado, WV

Race Times: MS Girls 3K – 4:30 pm
MS Boys 3K – 5:00 pm

Inv. Teams: Middle schools in Kanawha County only

Entries: Please use RaceTimeEntry for team registration. Unlimited entries per teams. Scoring will follow the normal cross-country format (1-5=scorers, 6-7=displacers).

Awards: An awards ceremony will follow the conclusion of the boys race.

- Medals for the top 10 individuals (B&G)
 - 1st – 10th = 1st Team All-County
- Trophies for 1st place teams (B&G)

Parking: Free parking will be available on site.

Tents: There will be a designated area near the starting line area for team tents.

Packet Pick-Up: Upon arrival, coaches can pick up packets at the starting line area, which will include your athletes' bib numbers, safety pins, course maps, and other details about the meet.

Course: Spectator-friendly and mostly grass course with some rolling hills throughout. A course map will be provided.

Please reach out to John Moyers (John Adams Middle School) at jmoyers@mail.kana.k12.wv.us with any questions.