

# 2022 KANAWHA COUNTY MS XC CHAMPIONSHIPS

**Date:** Tuesday, October 11th, 2022

**Location:** Meadowbrook Park – Tornado, WV

**Race Times:** MS Girls 3K – 3:00 pm  
MS Boys 3K – 3:30 pm

**Inv. Teams:** Middle schools in Kanawha County only

**Entries:** Please use RaceTimeEntry for team registration. Unlimited entries per teams. Scoring will follow the normal cross-country format (1-5=scorers, 6-7=displacers).

**Awards:** An awards ceremony will follow the conclusion of the boys race.

- Medals for the top 10 individuals (B&G)
  - 1<sup>st</sup> – 10th = 1st Team All-County
- Trophies for 1st place teams (B&G)

**Parking:** Free parking will be available on site.

**Tents:** There will be a designated area near the starting line area for team tents.

**Packet Pick-Up:** Upon arrival, coaches can pick up packets at the starting line area, which will include your athletes' bib numbers, safety pins, course maps, and other details about the meet.

**Course:** Spectator-friendly and mostly grass course with some rolling hills throughout. A course map will be provided.

**Please reach out to John Moyers (John Adams Middle School) at [jmoyers@mail.kana.k12.wv.us](mailto:jmoyers@mail.kana.k12.wv.us) with any questions.**