Matt Bright - Assistant Coach

Big 10 Conference XC Championship

When: Thursday, October 13th, 2022

Where: The Big 10 Championship will take place at Preston High School in Kingwood, WV.

Course: We will be running our "Championship Course" which is a double loop of the Knight Night

Relays Course (1.5 mile loop). We will add the extra 172 meters within the stadium area. An updated course map is forthcoming. This course was used for the 2021 Region 1 AAA

Championship.

Schedule: 5:00 p.m. - Girls Varsity and JV Race (5000 Meters)

5:40 p.m. - Boys Varsity and JV Race (5000 Meters) 6:15 p.m. - Awards Ceremony (Knights Stadium)

PLEASE NOTE: The main parking lot at Preston High School will be closed from 3:10 to 3:30 p.m. Please arrive before or after this time period. The locker room will <u>not</u> be available until after 3:30 p.m. Restrooms will be available at Knights Stadium. It is advised to come dressed to

compete.

Awards: The top eleven individuals in the varsity high school races will receive special hooded

sweatshirts in the traditional colors of award ribbons (i.e. 1st place - blue, 2nd place - red, 3rd

place- white, etc.). Athletes finishing in places 12 through 21 will receive t-shirts.

<u>Teams:</u> Bridgeport, Buckhannon Upshur, East Fairmont, Elkins, Fairmont Senior, Grafton, Lewis

County, Liberty, Lincoln, North Marion, Philip Barbour, Preston, Robert C. Byrd

Concessions: Light concessions will be available on site as well as official Big 10 XC

Championship apparel. Apparel will be available in a wide variety of colors and styles. Be

watching for a link on www.runwv.com.

Admission: The admission fee for spectators is \$7.00 (adults and students)

Entry Method: All schools must enter their athletes using www.racetimeentry.com . Electronic entries

must be received by 3:30 p.m. on Monday, October 10th, 2022. Coaches will need to designate their varsity runners on the day of the race. The top eleven ranked runners will receive special

bib numbers.

Contact Info: If you have any questions, please contact Coach Paul Martin via one of the methods

below.

Coach Paul Martin

School Phone: (304) 329-0033 ext. 132 Mobile Phone: (304) 290-3772

Email: prestonrun@gmail.com or pwmartin@k12.wv.us

