



VS



Dear Coaches,

The Preston High Cross Country team would like to invite you to the 1st Annual Big 10 Conference – Cardinal Conference Challenge. This unique conference vs. conference event will pit the Big 10 (Bridgeport, Buckhannon Upshur, East Fairmont, Elkins, Fairmont Senior, Grafton, Lewis County, Liberty, Lincoln, North Marion, Phillip Barbour, Preston, Robert C. Byrd) versus the Cardinal Conference (Chapmanville, Herbert Hoover, Logan, Nitro, Poca, Scott, Sissonville, Wayne, Winfield). Traditional team scores will be tabulated as well “conference versus conference” scoring where the top ten runners from each conference will be used to determine the top cross country conference.

When: Saturday, September 17, 2022

Where: The Big 10 – Cardinal Conference Challenge will take place at Preston High School in Kingwood, West Virginia. The address is 400 Knight Drive, Kingwood, WV. The campus of Preston High overlooks the Allegheny Front and the Cheat River Valley. The course is challenging with a mixture of flats, meadows, hills, and wooded trails. The course starts and finishes inside “Knights Stadium” and is very viewer friendly. We will be running our traditional course that is inclusive of “Hillacious” and “Slaughterhouse Hill”.

Records: Course and meet record holders are Mikias Gelagle of Eleanor Roosevelt (16:13.50 - 2005) and Ari Kasproicz of Preston (19:05.75 - 2008).

Event Schedule:

- 5:00 p.m. - High School Girls (5000 Meters)
- 5:30 p.m. - High School Boys (5000 Meters)
- 6:00 p.m. – High School Combined JV (5000 Meters)
- 6:30 p.m. – Awards Ceremony

Awards: The top ten individuals from both conferences will receive hooded sweatshirts. The top overall team in the girls and boys division will receive a banner to display in their gym / school. There will be no awards in the JV race.

Concessions: Hot and cold concessions will be available as well as the official Big 10 – Cardinal Conference Challenge t-shirt. T-shirts will be \$15 and will be available in a wide variety of colors. An online form will be sent to coaches.

Entry Method: All schools must enter their athletes via www.racetimeentry.com. Faxed or mailed entries will not be accepted. Electronic entries must be received by 3:30 p.m. on Thursday, September 15th, 2022.

Questions: All questions can be directed to Coach Paul Martin at pwmartin@k12.wv.us or (304) 290-3772.