



Dear Coaches,

Cabell Midland High School would like to invite your school to the 2022 St Mary's XC Festival on Saturday, September 3<sup>rd</sup>. Details of this meet will be posted on [www.midlandrunning.com](http://www.midlandrunning.com) in July.

Cabell Midland will also host the 2022 WV State Championship on Saturday, October 29<sup>th</sup>. The XC Festival gives teams and runners a preview of the state championship course with the opportunity to race against competition from across the state.

Any questions, contact Coach Chris Parsons at [coachparsons@yahoo.com](mailto:coachparsons@yahoo.com).