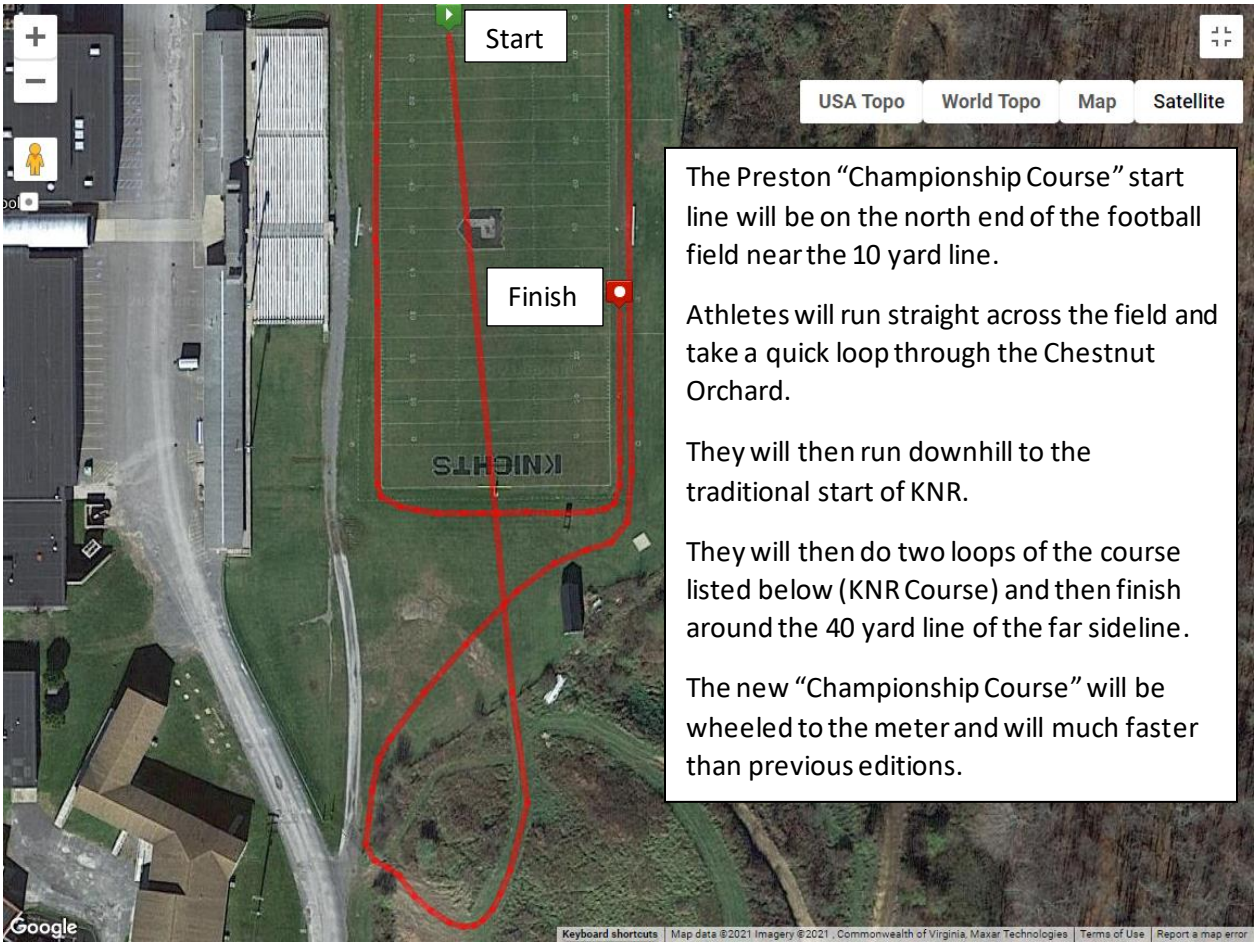
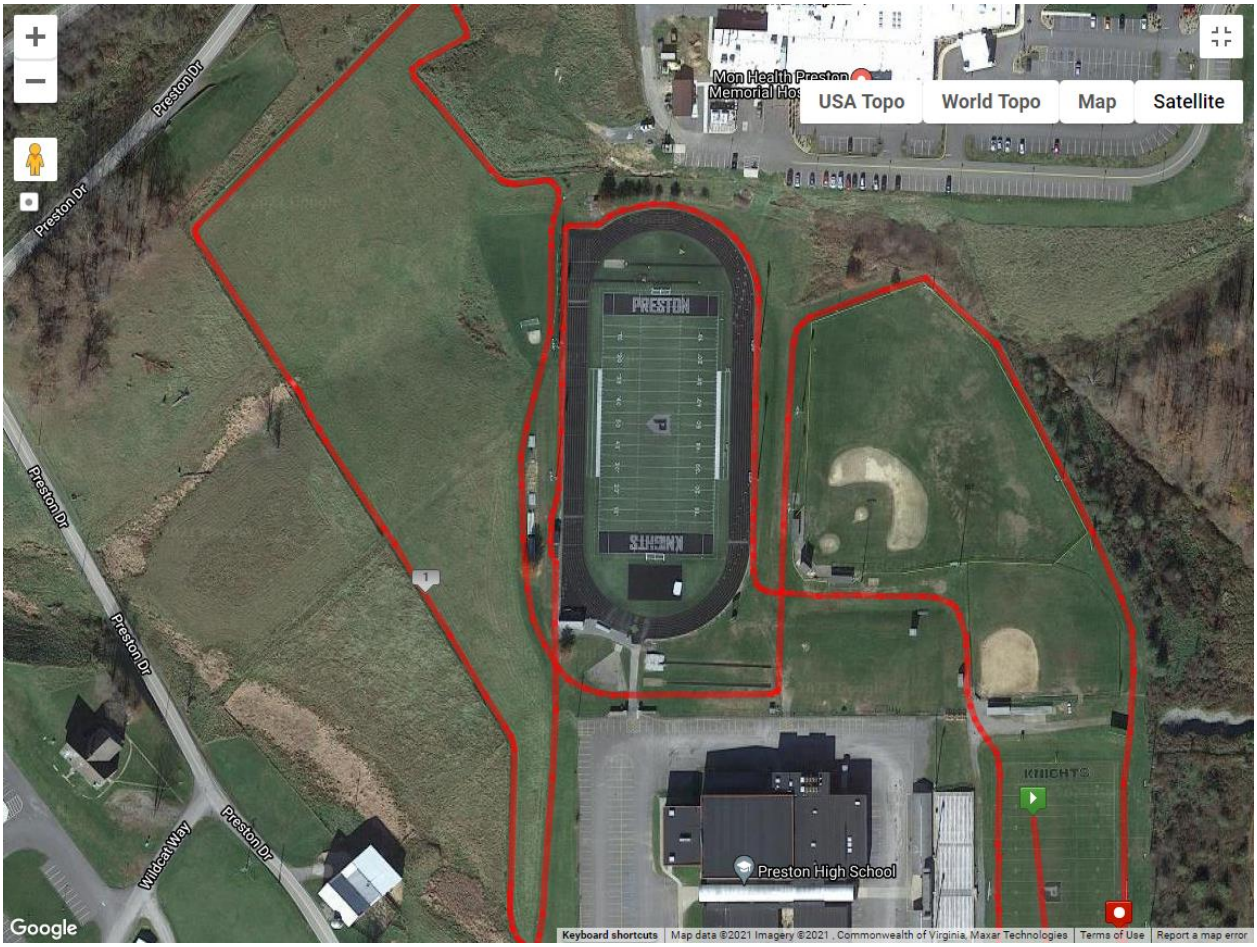


The Preston "Championship Course" start line will be on the north end of the football field near the 10 yard line.

Athletes will run straight across the field and take a quick loop through the Chestnut Orchard.

They will then run downhill to the traditional start of KNR.

They will then do two loops of the course listed below (KNR Course) and then finish around the 40 yard line of the far sideline.

The new "Championship Course" will be wheeled to the meter and will much faster than previous editions.