



# M.O.V. Distance Camp 2021

Sponsored by Mountain River Physical Therapy, BSN Sports, On the Run and Walk, Hornor & Harrison, and On Cloud Shoes

**Date:** July 19, 20, 21

**Director:** Rod O'Donnell, PHS Track Coach

**Location:** D.E.R.C. Park located in Washington, WV (near Parkersburg)

**Time:** 8:00 A.M.—12:30 P.M.

**Cost:** \$75.00 per athlete; due before July 1, 2021 (\$15.00 of the fee will be returned to the athlete's team)

**Presentations:** a wide variety of topics designed to help athletes become the best runners they can be

**Speakers:** Coaches, Athletes, and Professional Athletes (see our Facebook page for updates on speakers)

**Coaches:** May attend FREE

**Questions:** Contact Rod O'Donnell at [rrodonnell41@gmail.com](mailto:rrodonnell41@gmail.com)

**Campers will receive a camp t-shirt, water bottle, shoe bag, daily snacks, end of camp pizza party, speaker notes, and will be eligible for door prizes.**

## REGISTRATION

Name:

Home Address:

Parent's Name:

Parent's Cell #:

Parent's Email:

T-Shirt Size:

Each camper must provide a copy of a physical exam given within the past year. It should be sent with the registration form or presented the first day of camp.

\*\*Please make checks payable to: M.O.V. Distance Camp and mail registration to M.O.V. Distance Camp, #3 Bay Pointe Drive, Belpre, Ohio 45714.

**NOTE:** No refunds after July 1, 2021.