



2021 KNIGHT NIGHT XC RELAYS

The Preston High Cross Country team would like to invite you to the **15th Annual Knight Night XC Relays**. We will be hosting the middle school and high school races on different nights. The middle school race will be held on Friday, August 27th and the high school race will be on Saturday, August 28th.

Knight Night Relays will be staged at dusk / dark and the course will be lit by the lights of Knights Stadium, the Preston Baseball Field, the Preston Softball Field, and the Dr. John Trenton Track & Field facility. In addition, supplemental lighting will be provided by tiki torches, glow sticks, fire trucks, and diesel light towers. We are planning on having a fireworks at the conclusion of each meet. We will have a few additional surprises for athletes and spectators.

The course is a modified loop and will start and finish inside Knight's Stadium. Athletes will run the majority of the first mile of the existing course (including Hayfield Hills) before heading back towards the stadium. Runners will then travel in a counter clockwise around the football field before handing off to the next runner. Split times will be recorded for each athlete.

When: Friday, August 27th (Middle School) / Saturday, August 28th (High School)

Where: The **Knight Night XC Relays** will take place at Preston High School in Kingwood, WV.

Tentative Schedule:

7:30 p.m.	-	Limited Open Race for athletes not on full relays
8:03 p.m.	-	Sunset
8:30 p.m.	-	Boys Relay Race (MS on Fri. and HS on Sat.)
9:30 p.m.	-	Girls Relay Race (MS on Fri. and HS on Sat.)

Awards: The top three relay teams in each division will receive t-shirts.

Concessions: Hot and cold concessions will be available as well as the official **Knight Night XC Relays** T-shirt.

Entry Fee: The entry fee will be \$25 per relay team. For the high school and middle school races, make checks payable to **Preston High Cross Country**. The admission fee for all spectators is \$5.00.

Entry Method: Due to the relay format of the event, coaches will be provided a Microsoft Excel template that will be emailed back to us.

Questions: **Paul W. Martin**
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