

NCHS FRANK YOUNG MEMORIAL @ BATTLE RUN

The Nicholas County High School cross country team would like to invite all schools to the state's most challenging course ([We are bringing a new challenge in 2020!](#)) This course is the most scenic and spectator friendly in the region.

Attention- Due to the ever-changing concerns associated with the Covid-19 virus, NCHS will follow all recommendations to ensure a safe and fun event for all athletes. As the date approaches, I will update competing teams on whatever changes may apply.

1. We will be limiting starting waves to 35 runners and start each wave 5 minutes apart using TriStateRacer's timing professionals to oversee the wave starts and to tally the results.
2. We have a total of 383 runners between MS and HS events, so we will be running a total of 11 waves! We are currently working to finalize if the wave starts will be done by splitting teams across multiple waves or delegating runners based on coach position (Varsity vs. JV). This is still a new process for us during this pandemic.
3. Spectators will be asked to socially distance per state and local guidelines
4. Per the WVSSAC, there will be no post-race awards ceremony, teams are requested to return to their transportation following the race and the awards will be mailed to each school to comply with the guidelines.

Date: Tuesday, September 22, 2020

Times: 2:30 – 3:30 Course shown

3:30 Middle School Girls

4:15 Middle School Boys

5:00 High School Girls

5:45 High School Boys

*TIMES ARE APPROXIMATE – With the wave starting, times may vary by 15-30 minutes, causing the need to have an early start for MS.

Where: Battle Run Beach Area (Rt. 129 – Follow Signs to Battle Run)

--Coming N. on Rt. 19 (From Beckley), make a left on Rt. 129 at Mt. Nebo (U-Save/Dollar General red light) and follow Rt. 129 approximately 4.3 miles and turn Right at "Battle Run" sign. Proceed to parking area as directed by volunteers.

--Coming S. on Rt. 19 (From Braxton), make a left on Rt. 129 at Mt. Nebo (U-Save/Dollar General red light) and follow Rt. 129 approximately 4.3 miles and turn Right at "Battle Run" sign. Proceed to parking area as directed by volunteers.

Awards: Team – 1st, 2nd HS Boys & Girls

1st, 2nd Middle School Boys & Girls

HS & MS Individual Awards: 1st thru 15th

Entry fee: \$50 per team (\$100 boys & girls) / Additional \$1.00 per runner over 10 entrants per race

Make Checks Payable to: Nicholas County High School

Mail to: NCHS

30 Grizzly Lane

Summersville, WV 26651

Attn: NCHS XC

Course: ***Varied, Grass and Wooded Trails, One steep mountain of a hill and several smaller hills

** If you know of other teams that are interested, please encourage them to call.

Please enter **by September 11th**. We are going to score by computer, please list all possible runners.

Preferred method of entry -- RaceTimeEntry.com

Questions may be addressed to head coach Dave Irvin

wvirvin@gmail.com or 304.880.0783

Parking: Spectators will be parking in the designated general parking area (excluding the two furthest rows to permit plenty of start space for the racers. Volunteers will be at the parking area to guide spectators for parking.

Buses: We will be directing team buses to the Fishing Launch Area past the athlete drop-area.

T-shirts: URL for pre-orders will be provided.

Tent City: Tent City will be located on the grass area above the beach. Please always maintain social distance guidelines of 6ft from other teams.

Admission: \$5.00 per person. Coaches will be selling their own tickets this year. Go to your Athletic Director and request the desired tickets you need. Take a picture of the ticket and email it to ktyree@k12.wv.us (Our Athletic Director, Kathy Tyree) along with a list of your athletes and the household family members beside athlete's name who bought tickets and are attending the meet. There will be one entry gate. Spectators will need to give their name, school team name, and the runner they are there to watch. The Athletic Director and volunteers will check to see that they are on the list that was provided ahead of time, and direct them to drop their ticket in a bucket before being admitted in to the meet. You will need to have your school deposit the funds from pre-sales and bring a check for those proceeds to the meet with you.

**Please be aware of your county color coding when purchasing tickets. Color coding maps come out on Saturdays at 9:00 pm.

Mask up: Everyone in attendance is required to wear a mask except the runners when they are competing during their Section races. Spectators & coaches who cheer and yell during a race risk spreading the virus to others, so a mask is a must. We consider the safety of the runners, coaches, spectators, and staff involved in this meet to be a priority. Event staff will be on hand to ensure that masks are worn properly, covering both the nose and mouth and that proper social distancing is being maintained.

Race Procedures: Teams should report to starting line at least 10 minutes and no earlier than 15 minutes before the start of their race. Avoid other teams during your warm-up.

Finish line procedures will be as follows:

There will be NO finish line chute. Runners are to cross the line then immediately head back to their team camp.

There will be no water except for those needing medical attention from the ambulance. COACHES, please either bring team water in bottles (per WVSSAC guidance) or have the athletes/parents/guardians bring water.

Runners should not hang around to watch other races unless they have a sibling competing.