

Paw Paw WV State Cross-Country Invitational

You are cordially invited to attend the 3rd Annual 2020 Paw Paw Cross-Country Invitational on Saturday August 29th beginning at 9 a.m. to fight it out with some of the best high school and middle school teams in WV on one of the toughest courses in the area. The meet will be electronically chip timed and scored.

Date: Saturday August 29th, 2020

Schedule: 7:00am. -- Gates open.
7:00-8:45 – HS registration and course touring
8:45 – HS Coaches meeting
9:00 – Girls 5k
9:45 – Boys 5k
2:00-4:15pm – MS registration and course touring
4:30pm MS girls 3k
5:00pm MS boys 3k

Awards: Trophies will be awarded for 1st-5th place MS boys and girls finishers. Medals will be awarded to 6th-15th place MS finishers. Trophies will be awarded to the Top 2 boys and girls teams.

Plaques will be awarded to the 1st through 5th place HS boys and girls finishers. Medals will be awarded to the 6th-15th place HS finishers. Plaques will be awarded to the Top 2 HS boys and girls teams.

Rosters: Varsity teams will consist of seven runners. See the “notes” section regarding the starting line. Team scores will be decided by the top five finishers from each team. Ties will be decided by the finishing place of each teams sixth runner. If either team does not have a sixth finisher, the tie will be decided by the fifth finisher.

Course: The course is a challenging technical course made up of rolling hills through a wooded section and fields encircling the fairgrounds with a flat fast finish. There is a brief section along a gravel road. The course is very spectator friendly. The course maps will be loaded onto www.runwv.com closer to the meet and will be in limited supply at the event.

Entry Fees: Entry is \$50 per HS and MS team (\$90 for both boys and girls teams). A \$10 fee per runner not affiliated with a full team will be charged. There will be a \$5 per person admission fee charged at the gate to attend the events. Please make all checks payable to Rivesville Middle School Cross-Country.

Entry: To enter please visit the timing company website www.smilemiles.com and search the event date and name. Please fill out the attached spreadsheet on the site and e-mail rosters back to the timing company at bonnherb@yahoo.com and copy me at christopher.premo@yahoo.com. Please allow time prior to the meet to check the rosters and bibs for corrections. Corrections need to be completed prior to the coaches meeting.

Deadline: Entries must be received no later than midnight on Thursday, August 27th.

Notes: There will be an open concession stand and bathroom facilities on site. There is also a small playground for smaller children to enjoy. The fairgrounds are located two miles past Rivesville on 119N. If you are coming from north of Morgantown, get off I-79 at the Westover (Morgantown Mall) exit and follow 119S approximately 11 miles to the fairgrounds. A wide array of meet shirts will be available at the meet courtesy of Inspire111 Inc.

IMPORTANT NOTES

Due to the continued effects of the COVID situation, the meet is being separated into two sessions to control congestion and traffic at the meet and there will be a few standing rules at the event.

- Please practice social distancing as best as possible when around the course or at the concession stand and T-shirt tent.
- Please set up team tents to allow enough space between teams to accommodate distancing guidelines.
- Parking spaces will be spaced farther apart so that families will be distanced.
- All buses MUST either park in the far lot or at the middle school. No buses will be allowed along the course or in the staging areas.
- ONLY handicapped visitors and coaches are permitted to park in the main staging areas.
- The starting line will be spaced out so that there is ample space between each varsity (top 7 runners) team. There will be a second starting line approximately 12-15 ft behind main line for additional runners.

Questions: Please contact Coach Premo at 304-612-6381 or christopher.premo@yahoo.com. You may mail in payments to:

Rivesville Middle School

c/o Coach Premo
229 Phillips Ave
Rivesville, WV 26588