



PRESTON CROSS COUNTRY
400 Knight Drive
Kingwood, WV 26537

Head Coach – Paul Martin

Assistant Coach – Paul Sines

2019 CROSS COUNTRY SCHEDULE

| <u>DATE</u> | <u>LOCATION</u> | <u>TIME</u> |
|----------------|---|-------------|
| Sat., Aug. 24 | Knight Night Relays XC Festival Preston HS (Kingwood, WV) | 8:15 pm |
| Tue., Aug. 27 | University University HS (Morgantown, WV) | 4:30 p.m. |
| Sat., Aug. 31 | *St. Mary's Medical Center XC Festival Cabell Midland HS (Ona, WV) | 9:50 pm |
| Tue., Sept. 10 | Mountaintop Combo Preston HS (Kingwood, WV) | 4:30 p.m. |
| Sat., Sept. 14 | ***61 st Annual William & Mary Invitational Eastern State Hospital (Williamsburg, VA) | 8:30 am |
| Tue., Sept. 24 | Progressive Physical Therapy Inv. Allegany College (Cumberland, MD) | 4:30 pm |
| Sat., Sept. 28 | **Buckwheat Mile BWF Parade Route (Kingwood, WV) | 12:00 pm |
| Sat. Oct. 5 | *Great American XC Invitational Wake Med Soccer Park (Cary, NC) | 10:30 am |
| Thur., Oct. 17 | Big 10 Conference XC Championship Preston HS (Kingwood, WV) | 5:00 pm |
| Thur., Oct. 24 | Region I AAA Championship University HS (Morgantown, WV) | 4:30 pm |
| Sat., Nov. 2 | *W.V. State AAA XC Championship Cabell Midland HS (Ona, WV) | 10:00 am |

* overnight accommodations / limited number of athletes will participate

** optional / non-sanctioned event

*** charter bus / overnight accommodations / limited number of athletes