

Schedule 2019

Sat. August 24 8:30 pm Knight Night Relays Preston HS, Kingwood, WV *Sat. August 31 7:20 pm St. Mary's Invitational Cabell Midland HS, Ona, WV Sat. Sept 7 9:00 am Red, White & Blue Invitational Schenley Park, Pittsburgh, PA Sat. Sept 21 11:00 am Wheeling Park Fall Classic Wheeling Park HS, Wheeling WV Sat. Oct 5 10:00 am OVAC Championships Cambridge HS, Cambridge, OH Sat. Oct 12 11:20 am Manhattan CC Invitational Van Cortlandt Park, Bronx, NY Thurs Oct 24 4:30 pm Region 1 Championship **	Date	Time	Name of Meet	<u>Location</u>
Sat. Sept 7 9:00 am Red, White & Blue Invitational Schenley Park, Pittsburgh, PA Sat. Sept 21 11:00 am Wheeling Park Fall Classic Wheeling Park HS, Wheeling WV Sat. Oct 5 10:00 am OVAC Championships Cambridge HS, Cambridge, OH Sat. Oct 12 11:20 am Manhattan CC Invitational Van Cortlandt Park, Bronx, NY	Sat. August 24	8:30 pm	Knight Night Relays	Preston HS, Kingwood, WV
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	Sat Oct 12	11:20 am	Manhattan CC Invitational	Van Cartlandt Bark Brony NV
Thurs Oct 24 4:20 pm Pagion 1 Championship ** University HS Margantown WV	Sat. Oct 12	11.20 dili	Mannattan CC myttational	vali Cortialiut Park, Brollx, NY
	Thurs. Oct 24	4:30 pm	Region 1 Championship **	University HS, Morgantown, WV
Thats. Set 21 1.50 pm Region 1 championsinp Silversity 115, Worgantown, WV	111013. 000 2 1	1.50 pm	Region 1 championship	omversity ris, morganicawii, vv v
*Sat. Nov. 2 10:00 am State Championships ** Cabell Midland HS, Ona, WV	*Sat. Nov. 2	10:00 am	State Championships **	Cabell Midland HS, Ona, WV
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***Sat. Nov 30 11:10 am Nike Cross Regionals (NXRSE) WakeMed Park, Cary, NC	***Sat. Nov 30	11:10 am	Nike Cross Regionals (NXRSE)	WakeMed Park, Cary, NC

^{*} Overnight Trip

^{**} Only Varsity will/can compete

^{***}Nike Cross Regional Southeast (NXRSE) is optional and is not a WVSSAC stationed event or official MHS competition.