



2019 MOUNTAINTOP COMBO INVITATIONAL

The Preston High Cross Country team would like to invite you to the **Mountaintop Combo Invitational**. The "**Mountaintop Combo**" is a unique invitational that judges the top cross country program in the area. This is accomplished by adding the boys and girls team scores together to get a combined school score. We also will be sponsoring a middle school meet with the same "combined" scoring. In addition to the high school and middle school races, we will have an open race for elementary aged children (grades K through 5).

When: Tuesday, September 10, 2019

Where: The **Mountaintop Combo Invitational** will take place at Preston High School in Kingwood, West Virginia. The campus of Preston High overlooks the Allegheny Front and the Cheat River Valley. The course is challenging with a mixture of flats, meadows, hills, and wooded trails. The course starts and finishes inside "Knights Stadium" and is very viewer friendly.

Records: Course and meet record holders are Mikias Gelagle of Eleanor Roosevelt (16:13.50 - 2005) and Ari Kasproicz of Preston (19:05.75 - 2008). The middle school record holders are Josh Edwards of Mountaineer Mon. (11:40.25 - 2017) and Letitia Propst of Elkins (13:27.25 - 2006).

Event Schedule:

4:00 p.m.	-	Middle School Girls (3350 Meters)
4:30 p.m.	-	Middle School Boys (3350 Meters)
5:00 p.m.	-	Elementary Boys and Girls (800 Meters)
5:30 p.m.	-	High School Girls (5000 Meters)
6:00 p.m.	-	High School Boys (5000 Meters)

Awards: The top ten individuals in both the varsity high school and middle school races will receive custom medals. The top two schools (not teams) in the varsity high school and middle school competition will receive plaques. The top ten boys and girls finishers in the elementary race will receive custom medals

Concessions: Hot and cold concessions will be available as well as the official **Mountaintop Combo Invitational** t-shirt. T-shirts will be \$15 and will be available in a wide variety of colors.

Entry Fee: The entry fee will be \$50 per school (not team) for the high school and middle school races. For the high school and middle school races, make checks payable to **Preston High Cross Country**. There will be no cost for the elementary school open race. There will also be an admission fee for spectators of \$5.00. Participants in the race will not be charged.

Entry Method: All schools must enter their athletes via www.racetimeentry.com or www.Athletic.net. Faxed or mailed entries will not be accepted. Electronic entries must be received by 3:30 p.m. on Friday, September 6th, 2019.

Deadline: If your school is interested in competing in the **Mountaintop Combo Invitational**, please contact Coach Martin at prestonrun@gmail.com. Schools must have a complete boys' and girls' team in order to participate.

Central Preston Middle School
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Kingwood, WV 26537
c/o Coach Paul Martin

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