



*Cabell Midland High School would like to invite middle & high schools to the 2020 St. Mary's XC Festival on Labor Day Weekend, September 5<sup>th</sup> (Saturday). Information can be found on:*

The logo for Midland Running, consisting of a black stylized 'M' with a running figure inside, set against a red rectangular background. To the right of the icon, the words "MIDLAND RUNNING" are written in white, bold, sans-serif capital letters.

## MIDLAND RUNNING

