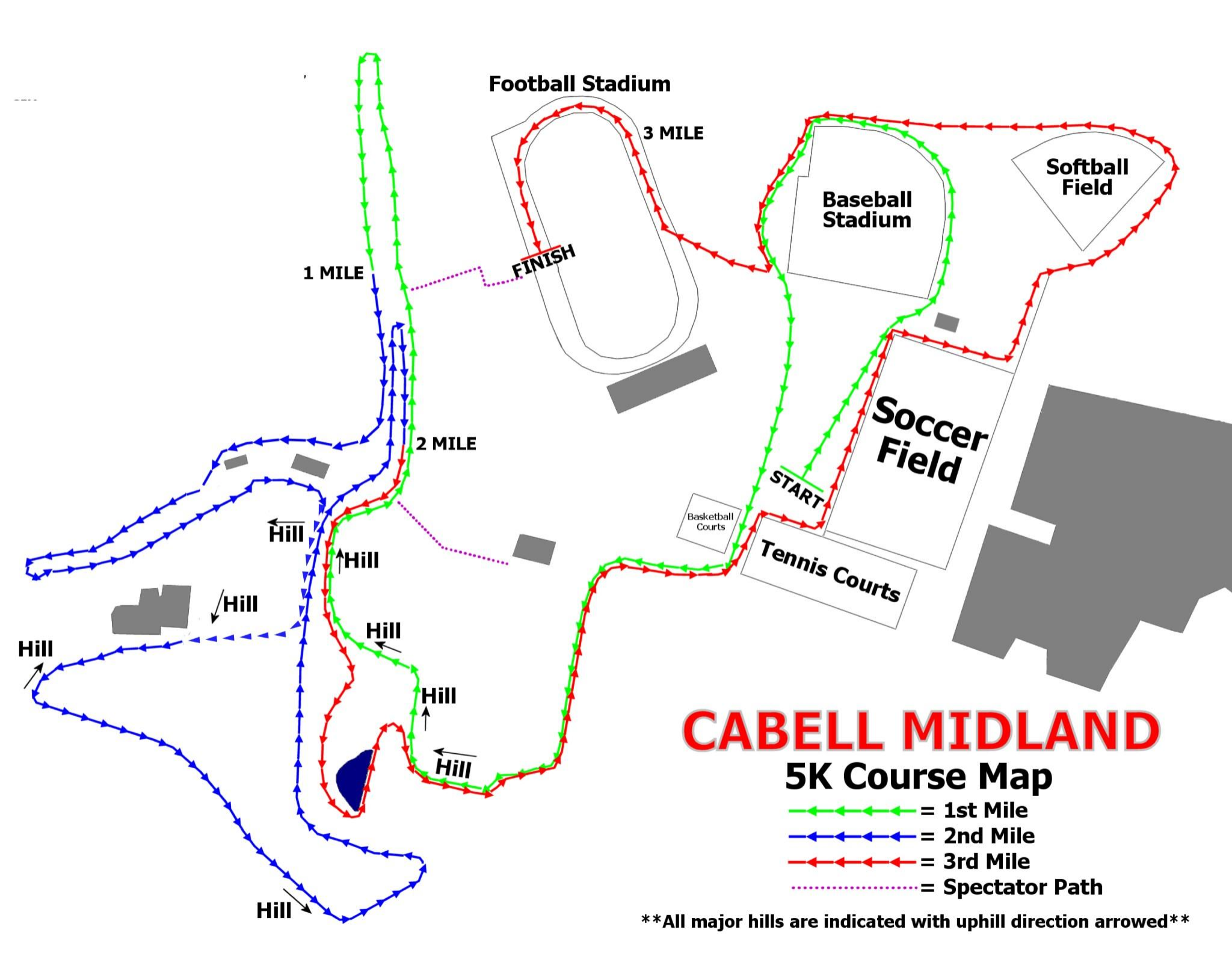
Football Stadium
3 MILE
Softball Field
Baseball Stadium
1 MILE
FINISH
2 MILE
Soccer Field
START
Basketball Courts
Tennis Courts
Hill
Hill
Hill
Hill
Hill
Hill
Hill
CABELL MIDLAND
5K Course Map
= 1st Mile
= 2nd Mile
= 3rd Mile
= Spectator Path
All major hills are indicated with uphill direction arrowed