



**Lincoln County High School**  
**81 Lincoln Panther Way**  
**Hamlin WV 25523**  
**304-824-6000 Extension 1265**



Lincoln County High School invites your school to the 2018 Panthers Cross Country Invitational that will be held on Saturday, August 18, 2018.

**Date:** Saturday, August 18, 2018

**Schedule:**

8:00am - 8:45am	Course Touring
9:00am	High School Girls (5K)
9:40am	High School Boys (5K)
10:30am	High School Awards
10:15am – 10:45am	Course Touring Middle School
11:00am	Middle School Girls (3K)
11:30am	Middle School Boys (3K)
12:15pm	Middle School Awards

**Awards:** Team Trophies 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> for HS Boys, HS Girls, MS Boys, and MS Girls  
Individual Medals: Top 15 for HS Boys, HS Girls, MS Boys, and MS Girls

**Roster:** Unlimited entries per team, Top seven (7) will count as your team and the top five (5) will be used for your team score.

**Course:** The course is located on the grounds of Lincoln County High School. It is mostly flat, with some gravel, and level with a few small inclines and consist of grassy trails. Course is very spectator-friendly. The course is great for setting running records.

**Entry Fees:** High School - \$50 for one team (\$90 for boys & girls)  
Middle School - \$50 for one team (\$90 for boys and girls)  
\$10 per runner if you do not have a full team

**Payment:** Please make checks payable to Lincoln County High School, Attention: Cross Country Team.

**To Enter:** Please enter thru RaceTimeEntry.com

**Entry Deadline:** Entries and teams must be received by 5:00pm, Monday, August 13, 2018

**Concession:** Full – service concessions will be available on- site.

**Directions:** Lincoln County High School is located on WV Route 3 in Hamlin, WV 25523.

**Questions:** Please contact Coach Craig Adkins by 304-524-6000 Extension 1265 or Email at crAdkins@k12.wv.us