

## STAMPEDE

## Hampshire High School would like to invite your team to the Buffalo Wild Wings Stampede. The race will be held on Saturday October 6th, 2018 on the campus of Hampshire High School.

LOCATION: 157 Trojan Way Hampshire High School Romney, WV 26757

DATE: Saturday Oct 6th, 2018

## HIGH SCHOOL RACE SCHEDULE

- 8:00 AM Course open for walk through
- 10:00AM High School coaches meeting
- 11:00AM Girls Varsity (7 runners)
- 11:45AM Boys Varsity (7 runners)

Possible combined JV race if numbers allow

- 12:30PM Girls JV (no limit)
- 1:15PM Boys JV (no limit)

Awards on the football field following the last race.

**ENTRY FEE:** An entry fee of \$50.00 will be assessed for 2 varsity teams; \$40.00 for 1 varsity team; or \$10.00 per individual. <u>Fees</u> **must be received by 09/23/18.** 

Please mail to the address above, "attention cross country"

**ENTRY METHOD:** Please enter your athletes through <u>www.RaceTimeEntry.com</u>. Have your runners entered by <u>Saturday, September  $22^{nd}$ </u>.

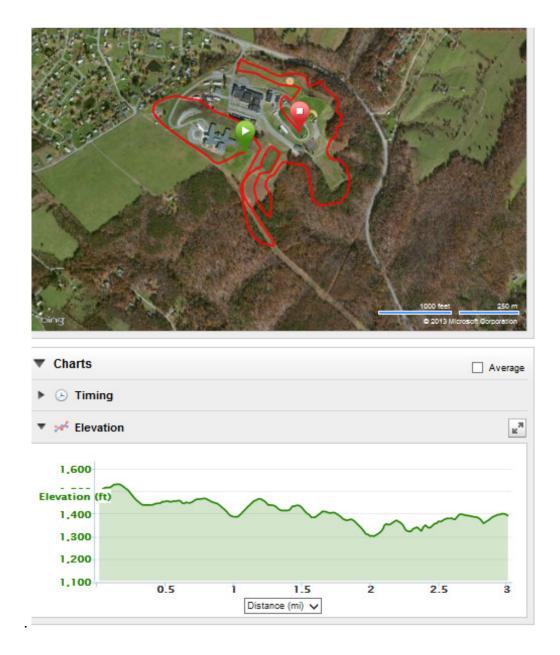
**COURSE DESCRIPTION:** A 5k course on mostly grass and wooded trails on the grounds of the middle and high school and drops over 100 feet to the finish line at the high school.. The course starts on top of the hill at the middle school and finishes in the stadium at the high school.

## ALL WVSSAC RULES ARE IN EFFECT

Sanctioning bodies have been applied for in Maryland, Pennsylvania, Virginia, and West Virginia



Sanctioning bodies have been applied for in Maryland, Pennsylvania, Virginia and West Virginia



Please contact us if you have questions.

Bill Lipps Head Coach Hampshire Cross Country blipps@atlanticbb.net 304-359-3113 Trey Stewart Athletic Director Hampshire High School <u>trey.stewart@k12.wv.us</u> 304-822-7250