

Cabell Midland High School



Presents the 2017 West Virginia State Cross Country Championship Opening Awards Ceremony Video

Dear XC People Cabell Midland has uploaded the 2017 XC State Meet Awards video on www.midlandrunning.com and you can either watch on the website or download it FREE courtesy of Cabell Midland XC Program. Once on midlandrunning, click at the top on the state meet tab, then click on pictures & videos.

A special thanks to Chrissa Hayes & her crew for creating the video and also Mark Miller who is our webmaster for Midlandrunning.

I hope all enjoyed the 2017 State XC Championship and look forward to 2018.

Coach Parsons
Athletic Director
Track & Cross Country Head Coach