

Cabell Midland



Cross Country

9-time State Champions

August

27 Huntington Mountaintop Inv @ HHS

September

3 St. Mary's XC Festival @ Midland

17 Ironton Invitational @ Ironton

October

1 Greater Louisville @ Louisville

12 MSAC Championship @ Cedar Lakes

20 Regional Championship @ HHS

29 WV State Championship @ Midland

