

# REGION IV AAA CROSS COUNTRY CHAMPIONSHIP

- When** Thursday, October 23, 2014
- Where** The REGION IV Championship will be held at, spectator friendly, Valley Park in Hurricane, WV. The course is challenging with a combination of hills, grass, and park trails.
- Time**
- |          |                 |
|----------|-----------------|
| 4:30 PM- | Girls' Race     |
| 5:15 PM- | Boys' Race      |
| 6:00 PM- | Awards Ceremony |
- Entry** In accordance with WVSSAC guidelines, entries are to be made on the official State Meet entry website, [www.RaceTimeEntry](http://www.RaceTimeEntry). Coaches are asked to enter up to 10 runners (7 varsity and 3 alternates).  
\*Note- If you have already entered on [www.timetoenter.com](http://www.timetoenter.com), please do not re-enter. We will take care of making sure your entries are secured. However, please make sure you have only entered 10 athletes.
- Qualifying** Each region will qualify 20% of the number of contestants that START the regional race. This number is inclusive of those individuals that are on a qualifying team. A MINIMUM of TEN individuals will qualify from each region. In Region IV AAA, the MAXIMUM number of individual qualifiers will be FOURTEEN due to our region having ten teams (70 possible runners x .20 = 14).  
  
In addition to the individual qualifiers, the following number of teams that START the regional race will qualify for the State Championship: 1 complete teams = 1 team, 2-5 complete teams = 2 teams, 6-9 complete teams = 3 teams, 10 or more teams = 4 teams.
- Admission** In accordance with WVSSAC guidelines, an admission fee of \$6 for adults and \$5 for students will be collected.
- Additional** Concessions and T-Shirt sales will be available.

We look forward to seeing you and your team at the Region IV Championships. Please contact Coach Jason Henley at [runchristrong@gmail.com](mailto:runchristrong@gmail.com) with questions.

Good Luck!