

George Washington High School
1522 Tennis Club Road
Charleston, WV 25314
Phone (304) 348-7729 Fax (304) 344-GWHS
<http://gwhs.kcs.kana.wv.us>
7/25/11

Dear Coaches:

George Washington High School wishes to extend an invitation to your High School and Middle School Cross Country Teams to participate in the 3rd G.W.H.S. Invitational. The meet will be held at Meadowood Park in Tornado on Thursday September 29, 2011. This course is very spectator friendly. Close Parking will be limited. The meet will be sanctioned by the S.S.A.C.

Only the top seven(7) on your team will be scored. You may enter as many runners as you wish, but all runners after the top seven will be removed from scoring and team scores will be re-added.

Hy-Tek Scoring will be used, and we need the names of your runners with your entry form. Scratches, changes, additions and deletions will be allowed at the check-in table the day of the race. Entries must be sent to www.timetoenter.com by 5:00 pm on Monday September 26, 2011.

APPROXIMATE TIME:	Girls High School Race	4:45pm
	Boys High School Race	5:20pm
	Girls Middle School	5:50pm
	Boys Middle School	6:15pm
	Awards (presented in race order)	7:00pm

ENTRY FEES:	Girl's High School Team	\$45.00
	Boy's High School Team	\$45.00
	Both Boy's & Girls Team	\$80.00
	Individual high school runners with no team	\$7.00 per runner
	Girls Middle School Team	\$35.00
	Boys Middle School Team	\$35.00
	Both Boys and Girls Middle School Team	\$60.00
	Individual junior high runners with no team	\$7.00 per runner

AWARDS:	Girls High School Team	1 st and 2 nd place trophy
	Boys High School Team	1 st and 2 nd place trophy
	Individual Girls & Boys High School	1-25 medals
	Girls Middle School Team	1 st and 2 nd place trophy
	Boys Middle School Team	1 st and 2 nd place trophy
	Individual Girls & Boys Middle School	1-25 medals

Thanks and I hope to see you on September 29th!!!
Shawn Wheeler
George Washington High School
Interim Athletic Director/Boys Cross Country Coach
(304) 348-7729 Ext. 126 (Work)
(304) 610-7046 (Cel)
gwcoachwheeler@gmail.com

A Tradition of Excellence